ELITE

NPTEL ONLINE CERTIFICATION

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Skill India
कौशल भारत - कुशल भारत



This certificate is awarded to

AADEESH SANGHI

for successfully completing the course

PSYCHOLOGY OF STRESS, HEALTH AND WELL-BEING

with a consolidated score of **84%**

Online Assignments	25/25	Proctored Exam	58.5/75

Total number of candidates registered in this course: **4445**

JUL-OCT 2026
(12 week course)

Dr. Salil Kashyap
Coordinator, Centre for Educational Technology,
IIT Guwahati

Indian Institute of Technology Guwahati

FREE ONLINE EDUCATION swayam शिक्षित भारत, उन्नत भारत

Roll No: NPTEL26HS169S1686317001 To verify the certificate

No. of credits recommended: 4