ELITE

NPTEL ONLINE CERTIFICATION

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This certificate is awarded to



DHIREN HARI HEGDE

for successfully completing the course

YOGA AND POSITIVE PSYCHOLOGY FOR MANAGING CAREER AND LIFE

with a consolidated score of **76%**

Online Assignments	22.83/25	Proctored Exam	52.5/75

TOP TOPPER 5%

Total number of candidates registered in this course: **3576**

AUG-OCT 2026
(8 week course)

Prof. Usha Ananthakumar
Dean Educational Outreach & NPTEL Coordinator
IIT Bombay

Indian Institute of Technology Bombay

FREE ONLINE EDUCATION swayam शिक्षित भारत, उन्नत भारत

Roll No: NPTEL26MG147S368300397 To verify the certificate No. of credits recommended: 3